

TYPES OF LASERS



HAIR COLOR + DENSITY		ALEXANDRITE	DIODE	INTENSE PULSE LASER (IPL)	ND: YAG	RUBY	ELECTROLYSIS
	Blonde	✗ Never, not enough contrast between skin color & hair color	? Maybe if some pigment present in the hair	✗ Never, not enough contrast between skin color & hair color	? Maybe if some pigment present in the hair	✗ Never, not enough contrast between skin color & hair color	✓ Yes. It's safe & equally effective on all skin & hair types.
	Red	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✓ Yes. It's safe & equally effective on all skin & hair types.
	Grey	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✓ Yes. It's safe & equally effective on all skin & hair types.
	Brown & Black	✓ Yes, when there is a high contrast between hair color & skin color	✓ Yes, works well on dark hair	✓ Yes, works well on dark hair	✓ Yes, works well on dark hair	✓ Yes, when there is a high contrast between hair color & skin color	✓ Yes. It's safe & equally effective on all skin & hair types.
	Thick (coarse)	✓ Yes, when there is a high contrast between hair color & skin color	✓ Yes, works well. More effective than most other systems	✓ Yes, when there is a high contrast between hair color & skin color	✓ Yes, works well on dark hair	✓ Yes, when there is a high contrast between hair color & skin color	✓ Yes. It's safe & equally effective on all skin & hair types.
	Thin (fine)	? Maybe. Works better on thin hair than other systems.	? Maybe. Laser is significantly less effective on thin hair	? Maybe. Laser is significantly less effective on thin hair	✗ No, Significantly less effective than other systems	? Maybe if some pigment present in the hair but a poor performer	✓ Yes. It's safe & equally effective on all skin & hair types.

SKIN TYPE		ALEXANDRITE	DIODE	INTENSE PULSE LASER (IPL)	ND: YAG	RUBY	ELECTROLYSIS
	Type I	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✗ Never, not enough contrast between skin color & hair color	✓ Yes. It's safe & equally effective on all skin & hair types.
	Type II	? Maybe if there is some pigment in the hair but a poor performer Beware: + †	? Maybe, if enough pigment is present in the hair Beware: + †	? Maybe, if enough pigment is present in the hair Beware: + †	? Maybe, if enough pigment is present in the hair Beware: + †	? Maybe if some pigment is in the hair but a poor performer Beware: + †	✓ Yes. It's safe & equally effective on all skin & hair types.
	Type III	✓ Yes if hair is dark. Works best on thick hair Beware: * + †	✓ Yes if hair is dark. Works best on thick hair Beware: * + †	✓ Yes if hair is dark. Works best on thick hair Beware: * + †	✓ Yes if hair is dark. Works best on thick hair Beware: * + †	✓ Yes if hair is dark. Works best on thick hair Beware: * + †	✓ Yes. It's safe & equally effective on all skin & hair types.
	Type IV	? Maybe, Beware of Burns & Paradoxical Hypertrichosis Beware: * + †	? Maybe, Beware of Burns & Paradoxical Hypertrichosis Beware: * + †	✗ Never, not enough contrast between skin color & hair color Beware: * + †	✓ Yes, Beware of Burns & Paradoxical Hypertrichosis Beware: * + †	✗ Never, not enough contrast between skin color & hair color Beware: * + †	✓ Yes. It's safe & equally effective on all skin & hair types.
	Type V	? Maybe, Beware of Burns & Paradoxical Hypertrichosis Beware: * + †	? Maybe, Beware of Burns & Paradoxical Hypertrichosis Beware: * + †	✗ Never, not enough contrast between skin color & hair color Beware: * + †	✓ Yes, Beware of Burns & Paradoxical Hypertrichosis Beware: * + †	✗ Never, not enough contrast between skin color & hair color Beware: * + †	✓ Yes. It's safe & equally effective on all skin & hair types.
	Type VI	✗ Never, not enough contrast between hair & skin color Beware: * + †	? Maybe, Beware of Burns & Paradoxical Hypertrichosis Beware: * + †	✗ Never, not enough contrast between skin color & hair color Beware: * + †	✓ Yes, Beware of Burns & Paradoxical Hypertrichosis Beware: * + †	✗ Never, not enough contrast between skin color & hair color Beware: * + †	✓ Yes. It's safe & equally effective on all skin & hair types.
	Vitiligo	✗ Never, not enough contrast between skin & hair color. Beware: * + †	? Maybe, if consistent contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	? Maybe, if consistent contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✓ Yes. It's safe & equally effective on all skin & hair types.
	Tattoos	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✓ Yes. It's safe & equally effective on all skin & hair types.
	Moles	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✓ Yes, with doctor's permission.
	Keloids	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✗ Never, not enough contrast between skin & hair color. Beware: * + †	✓ Yes, but never recommended if keloids are chronic.

HORMONES + MEDS		ALEXANDRITE	DIODE	INTENSE PULSE LASER (IPL)	ND: YAG	RUBY	ELECTROLYSIS
	ANDROGEN-RELATED HORMONAL DISORDERS	? Significant risk of Paradoxical Hypertrichosis. Beware: * †	? Significant risk of Paradoxical Hypertrichosis. Beware: * †	? Significant risk of Paradoxical Hypertrichosis. Beware: * †	? Significant risk of Paradoxical Hypertrichosis. Beware: * †	? Significant risk of Paradoxical Hypertrichosis. Beware: * †	✓ Yes. It's safe & equally effective for those with androgen-related conditions.
	HORMONE SUPPLEMENTS + CORTICO-STERIODS	? Significant risk of Paradoxical Hypertrichosis. Beware: * †	? Significant risk of Paradoxical Hypertrichosis. Beware: * †	? Significant risk of Paradoxical Hypertrichosis. Beware: * †	? Significant risk of Paradoxical Hypertrichosis. Beware: * †	? Significant risk of Paradoxical Hypertrichosis. Beware: * †	✓ Yes. It's safe & equally effective for those taking these supplements & medication types.
	PHOTO-SENSITIVE MEDICATIONS	? Significant risk of skin burns. Beware: +	? Significant risk of skin burns. Beware: +	? Significant risk of skin burns. Beware: +	? Significant risk of skin burns. Beware: +	? Significant risk of skin burns. Beware: +	✓ Yes. It's safe & equally effective for those taking photo-sensitive medications.

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* Beware of Paradoxical Hypertrichosis in Danger Zones. **Women** - Face & Neck(Sideburns, Cheeks, Upper Lip, Chin, Neck) **Men** - Upper Torso (Back, Shoulders, Chest)
 + Beware of Burns. Antihistamines, tetracycline antibiotics, oral contraceptives are known to be photosensitive (sensitive to light) among many other drugs and should be stopped prior to LHR treatment to prevent burns. It is still advised to check with a doctor before proceeding.
 † Women with the following **hormonal conditions** are at even greater risk: PCOS - Polycystic Ovarian Syndrome, NCAH - Non-Classical Congenital Adrenal Hyperplasia, Cushing's Syndrome, Androgen-Secreting Tumor.